



VETS FOR NHS



## Wellbeing Timetable

Chaired by Libby Kemkaran-Thompson

Time	Stream 1
09:00	Introduction and opening address
09:30	<a href="#">Libby Kemkaran-Thompson</a> Big Cat Brains: Which type are you?
10:30	<a href="#">Cat Auden</a> Why do Human Factors matter in veterinary practice?
11:30	<a href="#">Katie Ford</a> Imposterism: the lesser-known contributor to burnout
<b>12:30</b>	<b>Lunch</b>
13:30	<a href="#">Carolyne Crowe</a> How to recover and rebound from lockdown 3.0.
14:30	<a href="#">Vets Support Scotland - Andy Mayne and Des Rice speaking on:</a> The impact of poor mental health on a practice principal
15:30	<a href="#">Chloe Hannigan- Vet Yogi</a> End of day yoga